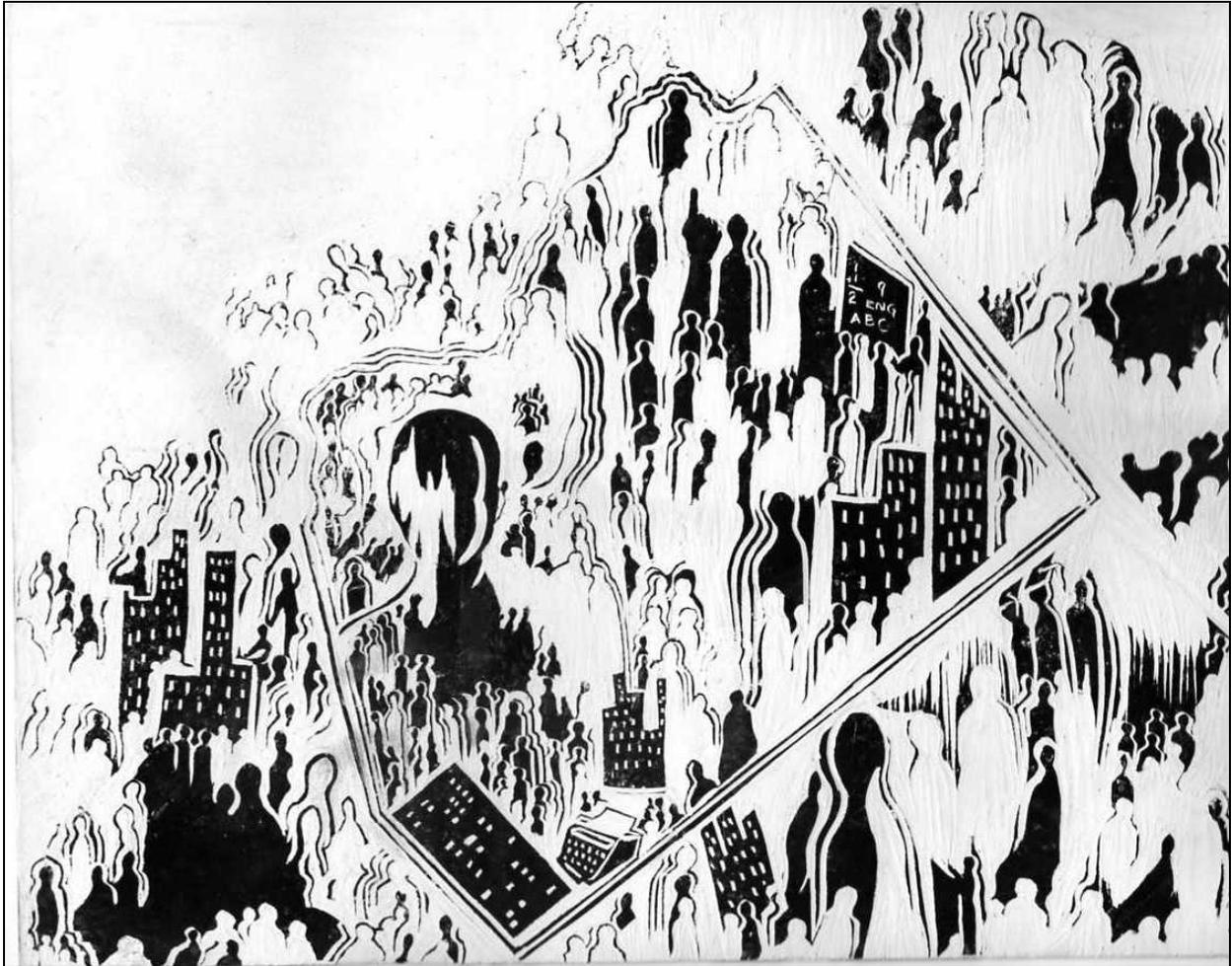


# Arizona Counseling Association (AzCA) 2000-2009 Scrapbook

## *Our Profession – People*



### ARIZONA GOVERNORS



Jane Dee Hull  
1997 to 2003



Janet Napolitano 2003 to present

# 2000-2001

- AzCA President

Cheri Mabbitt – AzSCA

“The **Year 2000 problem** (also known as the **Y2K problem**, the **millennium bug**, the **Y2K Bug** or just **Y2K**) was the result of a practice in early computer program design that caused some date-related processing to operate incorrectly for dates and times on and after January 1, 2000. It caused widespread concern that critical industries (such as electricity or finance) and government functions would cease operating at exactly midnight, January 1, 2000, and on other critical dates which were billed as "event horizons". This fear was fueled by the attendant press coverage and other media speculation, as well as corporate and government reports. People recognized that long-working systems could breakdown when the 97, 98, 99, ?? ascending numbering assumption suddenly became invalid. Companies and organizations world-wide checked and upgraded their computer systems. The preparation for Y2K thus had a significant effect on the computer industry. No significant computer failures occurred when the clocks rolled over into 2000. Debate continues on whether the absence of computer failures was the result of the preparation undertaken or whether the significance of the problem had been overstated.” Wikipedia

# 2001-2002

- AzCA President

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Richard Montano, Tucson – AzSCA

Was it just a coincidence that the 1994-95 AzCA Convention planners were good friends with Dr. Bob Dingman of Marshall University or did they have some premonition regarding the events of September 11, 2001? At that 1994-95 convention Bob conducted a Red Cross Disaster Mental Health Training session for 19 attendees. Shortly after September 11 Bob was called to New York City where he spent several months overseeing the providers of mental health services. John Bloom was one of those fortunate to have been able to serve there as well.

“The September 11, 2001 attacks (often referred to as 9/11—pronounced "*nine eleven*") consisted of a series of coordinated terrorist<sup>[2]</sup> suicide attacks by Islamic extremists on the United States of America on September 11, 2001.

It is believed that the attacks were originally planned to be executed between March and September 2000<sup>[3]</sup> but eventually occurred on the morning of September 11, 2001, when nineteen terrorists<sup>[4]</sup> affiliated with al-Qaeda<sup>[5]</sup> hijacked four commercial passenger jet airliners. Each team of hijackers included a trained pilot. The hijackers intentionally crashed two of the airliners (United Airlines Flight 175 and American Airlines Flight 11) into the World Trade Center in New York City, one plane into each tower (1 WTC and 2 WTC), resulting in the collapse of both buildings soon afterward and irreparable damage to nearby buildings. The hijackers crashed a third airliner (American Airlines Flight 77) into the Pentagon in Arlington County, Virginia, near Washington, D.C. Passengers and members of the flight crew on the fourth aircraft (United Airlines Flight 93) attempted to retake control of their plane from the hijackers;<sup>[6]</sup> that plane crashed into a field near the town of Shanksville in rural Somerset County, Pennsylvania. In addition to the 19 hijackers, 2,974 people died; another 24 are missing and presumed dead. The victims were predominantly civilians.” Wikipedia

# 2002-2003

Andrea Arrieta – President. AzCA

Mark Bogie, AzSCA President

Tim Hofmann said of Andrea, “Andrea worked tirelessly for her entire presidency to rebuild AzCA. The organization was almost dissolved before Andrea took over.”



Andrea is back! She has been a member of AzCA & ACA and actively involved in AzCA's leadership since 1999. She was AzCA's 1999 Outstanding Student of the Year. She has held the following positions:

- 1) University of Phoenix (UOP) Student Co-delegate on the Governing Board
- 2) Central Chapter Chair
- 3) President

Andrea has rejoined the leadership as Government Relations Chair. She is most qualified for this position. Andrea has served on AzCA's Government Relations Committee since 1999. She was trained by ACA at their Legislative Insti-

tute. As an AzCA representative with Tim Hofman in the Arizona behavioral health Professionals Coalition (AzBHPC.) The AzBHPC is made up of AzCA, NASW-AZ, AzAMFT, and AzaADAC. The four professional associations joined forces in 2000 and created a coalition that was successful in promoting licensure for Behavioral health professionals in AZ. Andrea represented AzCA at ACA national conferences and in the Western Region. She has been involved in the volunteer counseling organizations and served as Founding President of the Psi Omega Pi Chapter of Chi Sigma Iota International Honor Society at UOP, as Disaster Mental Health Volunteer for the Black Canyon Chapter of the American Red Cross, Presbyterian Service Agency and Maricopa County Foster Care Review Board Member. Andrea has a Masters in Commu-

nity Counseling from the UOP and a LPC and NCC. She is a member of American Association of Sex Educators Counselors and Therapists (AASECT.) Andrea is extensively trained in CBT (specifically Dialectically Behavioral Therapy (DBT)). She is also trained by the Milton Erickson Foundation in Hypnotherapy. Andrea has done training for AzCA, ACA, ASU, agencies throughout the valley, and the AZ Superior Court Appointed Special Advocates (CASA) Program. She has worked for valley agencies such as PRE-HAB of AZ, Planned Parenthood of Northern and Central AZ, and Phoenix Interfaith Counseling. Andrea is currently taking some time to stay at home with her 20 month old daughter Grace. Andrea says she is busier doing this than she ever was working with clients. Welcome back Andrea Arietta!

Those who fought for Arizona's initial counselor credential were never satisfied with certification which only protected the title of "counselor". It had been their hope from the beginning to obtain a licensure bill which protected the practice of counseling as well as the title of counselor. The hard work of many AzCA members made licensure a reality effective July 1, 2004.

**Arizona Board of Behavioral Health Examiners**

Gail Chase  
Board Chair

Debra Rinaudo  
Executive Director

**May 2003 Newsletter**

Volume 2

**CRITICAL INFORMATION AFFECTING YOUR BOARD CERTIFICATION IS ENCLOSED**

The last 3 pages of the newsletter contain the list of items that will be considered unprofessional conduct under licensure. PLEASE RETAIN THIS LIST FOR YOUR INFORMATION.

**LICENSURE**

The Governor signed HB 2206 into law on April 16, 2003. This bill requires that all behavioral health professionals engaged in the practice of psychotherapy be licensed by the Board of Behavioral Health Examiners (the Board) as of July 1, 2004. The bill can be read in its entirety at [www.azleg.state.az.us](http://www.azleg.state.az.us). A summary of changes critical to anyone seeking certification before licensure becomes effective is available at [www.bbhe.state.az.us](http://www.bbhe.state.az.us).

The following pages are a summary of some of the changes under licensure affecting certified professionals:

# 2003-2004

Bernice Macias, AzCA President

Judith Ann Hagan, Newsletter Editor

Arizona Counseling Journal  
Pit Kolodinsky and Joyce DeVoss of NAU Yuma – Co-Editors

Kathy Weeks – AzSCA President

**BERNICE ANN MACIAS**  
**PRESIDENT, AzCA**



Bernice Macias began her term as AzCA president in July 2003.

Bernice served as President-Elect of the Arizona Counselor's Association from April, 2003 to July, 2003.

She earned her bachelor's degree in business management from the University of Phoenix. She earned an M. Ed. in Counseling, (Human Relations emphasis) from Northern Arizona University in 2001 and is currently pursuing an M.A. in Counseling (Community Counseling emphasis) from NAU.

Bernice is a member of the Honor Society of Phi Kappa Phi. She holds a State of Arizona Community

College teaching certificate.

She is employed as a full time project manager for Blue Cross Blue Shield of Arizona.

Bernice is also on the Board for the Professional Counseling program at Argosy University/Phoenix.

She is a member of the American Counseling Association (ACA).

Bernice, born in Globe, has lived in the metropolitan Phoenix area since 1960. She is married, has two sons and two grandsons.

# 2004-2005

Karen Johnston, AzCA President

Anna Cicero, Mesa Public Schools - AzSCA President



## AzCA Newsletter

August 2004  
Volume 1, Issue 2

### AzCA Elections Bring in a New Team to Work for Members



#### Introducing Your Newly Elected President, Karen Johnston

Karen started out to be a doctor. But along the way, she found her calling. She is an energetic dynamo and wants to use her energy this year for AzCa. Karen went to school in California and got a license in Cosmetology and also was trained as a Medical Assistant. Karen then came to Arizona where she got her Bachelor of Science in Psychology and in 2003, she received her Master of Counseling degree from the University of Phoenix.

Karen grew up in a suburb of New York City in a close knit family of four. She is single. For the last six years, Karen worked with children, adolescents, and adults who are developmentally disabled and mentally ill. She is currently working as a Master's level counselor for TASC and Oscar Hardin and Associates.

Karen is a member of several honor societies. Karen says she is lucky to be able to work her calling and smile as she goes to work each day.

#### Introducing Your Newly Elected Officers

**President Elect:** Shannon Morrill, MC. Shannon is a new graduate from NAU with a Masters in Counseling. She works at Prehab of Arizona as an Intensive Case Manager. She is goal oriented and willing to go above and beyond to get the job done.

**Secretary:** Pit Kolodinsky, Ph.D., NCC, AZ CPC. Pit has been helping all year. He has been instrumental in AzCA accomplishments this past year and has demonstrated that living down south in Yuma does not have to limit participation. He works as Coordinator of Master's School & Community Counseling Program, NAU-Yuma. He also has a part time practice. He is experienced in sexual abuse treatment, anxiety disorders, self-psychology, mediation, and stress management.

**Treasurer:** Karen Winter-Wasserberg, MA. Karen has held positions in accounting, operations, human resources and was promoted to Chief Financial Officer. She currently owns and operates her own tax accounting practice. While doing all this, Karen entered the field of Probation and Behavioral Health in 1998. She obtained her Master's Degree in Community Counseling from NAU Central in May 2004. She is pursuing her Board Certificate. Karen is also Treasurer Elect of the Arizona Chapter of the American Counseling Association.

**Member at Large:** Carole Saylor, MC, NCC, CAC, DCC. Carole graduated from the University of Phoenix with a Master of Counseling. She is a Nationally Certified Counselor, a Certified Associate Counselor, and has recently obtained her Distance Counseling Certification. She currently works at TASC part time but is looking for full time. She is a member of local and national honor societies.

*Welcome to 2005 the year of membership and professional development.*



Happy New Year and welcome to the first AzCA newsletter of 2005. To begin my name is Karen Johnston, I am proud to be your president. I would like to take this opportunity to introduce my vision for 2005.

My goal for the New Year is to increase membership and membership involvement.

There are two primary reasons for this, the clients and the profession. Through increased membership we can continue to offer opportunities for professional enhancement, increase networking with others in counseling and related professions, and protect our profession.

In October AzCA hosted a seminar on Licensure awareness. Coming in February will be our Spring Conference, which includes many of the topics required for licensure. And looking ahead we hope to be able to offer additional training opportunities.

These events offer a variety of opportunities to meet others in counseling and related fields. This increases the likelihood of developing long-standing and collaborative relationships with other professionals. Collaborative relationships offer a natural outlet for consultation. A necessity for abiding by ethical standards and doing what is the best interest of the client

In the best interest of the client are recent legislation changes that directly affect the helping professions. Licensure and HIPPA. Additionally the ACA is revising the current ethical

code. Staying abreast of this information is essential.

What better way to stay informed than becoming a member or if you are a member becoming more involved.

Also, extra help is always appreciated with newsletters, organizing conferences and membership drives. If you have a good idea, we want to hear it!

Share this newsletter with a colleague.

Welcome to 2005 the year of membership and professional development.

Karen H. Johnston,  
your President

**Register today for 2005 Spring Conference on Friday  
and Saturday February 11 & 12, 2005**

**Sheraton Crescent Hotel , 2620 West Dunlap, Phoenix**

**Discount \$25 (w/post<=2/7) Stay@Sheraton for \$120—602-943-8200  
Up to date and excellent topics. 13 CEUs *meet your colleagues***

# 2005-2006

Shannon Morrill, AzCA President

Tori Bourguignon – AzSCA President

Volume 3 Issue 1 August 2005

## Shannon Morrill, Chairman of the Board

Shannon Morrill,  
President

Lindsay Kalish,  
President Elect

Karen Johnston,  
Past President

Karen Winter-  
Wasserberg, Treasurer

Carole Saylor,  
Secretary

Sarah Smoger,  
Executive Director

Tim Hofmann, Chair,  
Government Relations

Lola Hickert, Chair  
Central Chapter

Melissa King-Waldrip,  
Chair  
Yuma Chapter

Dana Free, Chair  
Tucson Chapter

Dr. Bart Lerner,  
Faculty Representative  
Argosy University

Dr. Larry Sideman,  
Faculty Representative  
Argosy University

Judith Hagan, LCSW  
Editor,  
AzCA Newsletter

Stacy Hall, Student  
Representative,  
Arizona State University

Neda Tavassoli,  
Student Representative  
Arizona State University



### President Elect Takes Office

#### -Shannon Morrill

Shannon has been a member of Arizona Counseling Association since 2002. She has been an active board member for one year as president elect. Shannon received her bachelor's degree from Arizona State University in family studies and child development in 1999. She completed her Masters in Counseling from Northern Arizona University in 2004. Shannon is also a member of American Counseling Association.

Shannon is a true native of Arizona. Shannon was born and raised in Arizona. A loving family of five raised her in Tempe. Shannon is married to Wes Morrill for five and half years. Shannon is currently working as Master's

level counselor for Superstition Mountain Mental Health. For the last year, Shannon has been working with children and adults with mental health issues, parenting, and trauma/abuse. She is dedicated to helping families make changes in their own lives. Shannon says that AzCA has nourished her quest for professional development, networking and has kept her well informed and educated in a continually changing field.

Shannon also brings impressive business acumen. Before her life in behavioral health, she worked for JP MORGAN CHASE, an international financial institution first in Sales and Service and then as a Production Support Analyst. Prior to that, she worked for years for National retail credit card financial center as a Credit Analyst.

Welcome Shannon!

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AzCA Conference – January 28-29, 2006

# 2006-2007

Lindsay Kalish - AzCA President

Brian Mathieson, Ed.D., N.C.S.C. -AzSCA President



**Lindsay Kalish, MA, LPC, AzCA President** - completed her masters program from Argosy University in October, 2003 in Professional Counseling. While attending school, Lindsay worked on the behavioral health unit at Phoenix Children's Hospital as a behavioral health technician, educating patients and parents on behavioral management and impulse control. Lindsay also completed practicum training at Phoenix Interfaith Counseling, where she provided individual, couple and family counseling for children, adolescents and adults. After completing her training, Lindsay began working in the outpatient program at Banner Behavioral Health, where she continues to provide intensive group therapy to adolescents. Lindsay has participated in various community projects, such as Teen Awareness and Suicide Prevention week, where she spoke about teen suicide and self harming behaviors and creating an anger management program to be implemented in various high schools in the valley. Lindsay has been a member of AzCA since 2001 as a student member and hopes to be an asset to the Arizona Counselors Association through promoting the organization to other professionals and participating in the development of pertinent workshops and conferences related to the counseling field.



**Sarah A. Smoger, LPC, NCC - AzCA Executive Director** - is currently the School Counselor at The Art Institute of Phoenix where she provides a large array of counseling and referral services to students. Sarah is also adjunct faculty at Argosy University/Phoenix and actively involved as part of Argosy's Program Advisory Board for the Professional Counseling program. Sarah graduated from Michigan State University with undergraduate degrees in Psychology and Criminal Justice where she focused on research related to high-level skill execution and performance under pressure. She then graduated from Argosy University/Phoenix with a Master's degree in Professional Counseling with a focus and interest in school counseling.

The New AzSCA celebrates its 20<sup>th</sup> Anniversary



20th ANNIVERSARY  
**AZSCA**  
Arizona School Counselors Association, Inc.  
established 1987



*"Guiding students, leading education, shaping tomorrow"*

**Professional Recognition  
Awards Luncheon**

**20th Anniversary Conference  
March 28-29th, 2007**



[www.azsca.org](http://www.azsca.org)



Stan Maliszewski, Lynn Brandon, Anna Cicero, John Bloom, David Shuff



Past Presidents of AzSCA



Kay Rencken and Dana Free present Tim Hofmann with the first AzCA Robert Rencken Memorial Award in recognition of outstanding service to the counseling profession in the State of Arizona (March 2007)



Kay Rencken with Sarah Smoger, AzCA Executive Director, and Tim Hofmann



John Bloom and Kay Rencken with North Carolina Counseling Association President Sarah Brookshire – recipient of the first Robert H. Rencken Emerging Professional Leader Award at ACA Convention in Detroit

# 2007-2008

Mara Linder, AzCA President

Barb Zamora, Yuma Public Schools, AzSCA President



**Mara Linder, JD, MA, AzCA President** – is a practicing attorney who obtained her Master of Arts in Professional Counseling from Argosy University/Phoenix in 2004. She teaches as an Adjunct Professor at Argosy University and is a member of the University’s Advisory Board for the Professional Counseling program. Mara obtained her B.A., cum laude, in Psychology in 1989 and her law degree in 1992 from the University of Texas at Austin. She is an active member of the State Bar of Arizona and has taught and published in the legal field. She is also a member of the Arizona Counselors Association and has been published in the Arizona Counseling Journal. Mara is pursuing her credentials in family mediation through Association of Conflict Resolution (ACR) approved training courses.

**2008-2009**

**2009-2010**